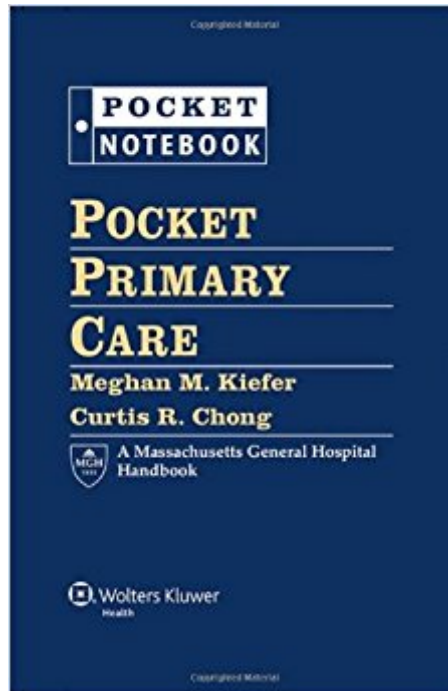




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Pocket Primary Care (Pocket Notebook Series)



Synopsis

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Support your clinical decision making and prepare for everyday challenges in the primary care setting with Pocket Primary Care, a brand new, pocket-sized loose-leaf resource that offers the most current, evidence-based approaches to delivering quality care in the outpatient setting. Representing the efforts of a dedicated team of primary care and specialist physicians at the Massachusetts General Hospital, this practical resource provides the key clinical data you need to manage your patients effectively and quickly. Gain insights into the most up-to-date evidence-based practices, accepted best practices, and expert opinions of physicians at Massachusetts General Hospital, including appropriate workups and when to refer. Quickly find the information you need through tabs that make it easy to locate topics of interest. Customize the book to meet your specific needs by inserting your own notes into the 6-ring binder's front and back pockets, leaving out pages you don't need, or adding others to it. Get instant access to key clinical information on the most common issues seen in practice, including preventive medicine, cardiology, dermatology, endocrinology, GI, hematology, infectious disease, musculoskeletal complaints, neurology, ophthalmology, ENT, psychiatry, pulmonary, nephrology, women's health, men's health, and geriatrics.

Book Information

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Customer Reviews

Pocket Primary Care Under the direction of Meghan M. Kiefer, MD, University of Washington School of Medicine and Curtis R. Chong, MD, PhD, Mphil, Dana-Farber Cancer Institute/Massachusetts General Hospital/Partners CancerCare, Pocket Primary Care brings together evidence and experience to concisely present the most current approaches to delivering quality care in the outpatient setting. Designed For Residents A Trusted And Accepted Tool To Use On Rounds Designed as a life-saver for Rounds, the Pocket Series serves as a practical, high-yield reference for quick answers to diagnostic questions. A joint venture between residents, fellows, and expert faculty in various medical specialties, the series provides a rapid but thoughtful approach to medical problems frequently seen by residents on rounds. Fits in your pocket! The Loose-leaf, 3-ring binder allows for individual customization making look-up even faster! Quick & Easy to Use! Format includes bulleted lists, abbreviations, symbols, tables, and algorithms. High-yield summary of symptoms, exam findings, diagnostic work-up, and treatment plans for what you'll encounter on rounds.

5-STAR REVIEW FROM DOODY'S REVIEW SERVICE! "This is a tremendously useful reference for primary care residents seeing patients in a busy outpatient office. It is comprehensive for its size and well laid out." - Vincent F Carr, DO, MSA, FACC, FACP, Uniformed Services University of the Health Sciences, on behalf of Doody's Review Service

I am an outpatient nurse practitioner and purchased this product as a reference guide. It is really comprehensive and helps guide my patient care - I use it dozens of times every day. There are a lot of clinical pearls and so much information right at my fingertips. Compared to other texts and even on-line websites, this is concise, comprehensive, and portable. I highly recommend it and it was well worth the cost.

This is an excellent, concise review book. I've been working as a Hospitalist for the past 2 years. I've recently transitioned to outpatient medicine. I felt a little rusty on certain topics such as health maintenance, women's health, pharyngitis etc. This little book has been extremely helpful. It's small enough to carry in my white coat everyday. I love that the references are next to the guidelines. I have used this book almost daily. There are a lot of abbreviations, but there's a legend in the back of the book so it's really not a big deal. I would recommend this book without reservation!

TINY type with too many pages stuffed into a too-small binder. That's the bad part -- and the ONLY bad part. Data is current, organization (after a few false starts) is good, index could be more comprehensive. I've been a physician (M. D.) for 50 years, and find these "current and quick" data to be very helpful. Frankly is easier for me to use this "ink" reference versus my smart phone or computer when I'm seeing patients.

This book is an awesome resource. I'm using it during my FNP clinical rotations, and its a life saver. I like the book, because it feels rude to be on my phone when I'm with patients and preceptors. Also, having the book open to the page I need means that I can make more eye contact with the patient instead of with my phone!

I am a family medicine resident who has always carried around a copy of Pocket Medicine. I bought this book because of the promise of at least a few extra items in it. I am so very glad I did. It is a great understatement to say this book covers a few extra things. I didn't even realize how much was glaringly missing from Pocket Medicine until I browsed through this book. Topics like alopecia and chronic tremors. Rosacea, wrist pain. So many things that collectively make up so much of outpatient medicine and are virtually never discussed on inpatient rounds.

PA student here: I use daily on lots of rotations. Fits great in my coat pocket and once familiar with the abbreviations I love it. I figure just about any small guide you get familiar with will become useful to you. But this one is up to date and works fantastic for me. Plus, my preceptors don't think I'm on my phone instead of trying to learn how to practice medicine!!

Pocket Primary Care is the latest addition of the Pocket Notebook series. This series is authored by Dr. Meghan Kiefer and Dr. Curtis Chong. I love this 300+ pages handbook and I will tell you why. For those who have looked up Pocket Medicine on , you know that I do a through review of these medical handbooks when I have a chance. Now to be honest, I've maybe read about 10% of this book (you only have so much free time when you're in residency...) but this thing is golden. If you love the Pocket Medicine series but wanted an outpatient version, this is basically it. Disappointingly, this book has more fellows and residents writing the chapters (there was more pages to the start of this book compared to Pocket Medicine due to giving all the credits to all the author), but I'm sure under the editors of Kiefer/Chong, everything should be high quality, evidence based knowledge. Of the pages that I have read, everything looks on point, and as always, most of the pages have tons

of references so you can look it up if you want more details about some type of recommendation. Now the biggies:

1. What sections does this book have? General Medicine, Cardiology, Dermatology, Endocrine, Gastroenterology, Heme/Onc, Infectious Dz, Musculoskeletal, Neurology, Ophthalmology and ENT, Psych, Pulm, Renal/Uro, Women's Health, Men's Health, Geriatrics
2. For sections that are in Pocket Medicine and Pocket Primary care, are they the same? Definitely no. That was one of my fears that I would buy this book and it would be exactly the same as Pocket Medicine, but you can definitely tell that topics that are in both books are updated in this book vs Pocket Medicine (the new one) and there's certain focuses in Pocket Primary Care (such as outpatient tips). For example, both have hypertension under the cardiology section for both books, but it is NOT the same. They didn't cut and paste the section.
3. Do you recommend buying this over Pocket Medicine? There are a few things that this book is missing compared to Pocket Medicine if you were doing inpatient medicine. This book is really good for both outpatient and inpatient in my opinion, but the focus will be more outpatient. It's going to be a hard call to say whether this book will replace Pocket Medicine for those physicians who are focusing on inpatient. If you are ONLY doing outpatient, this book is definitely better. If you are planning to do inpatient medicine, it's going to be a hard call.
4. This book just came out in 2014, does it have new hypertension guidelines/lipid guidelines? It does not quote the new cardiovascular guidelines for lipids or blood pressure. The guidelines are controversial now so I think it was a good idea that this first edition book publish universally accepted guidelines for now. Who knows if the lipid calculator rule will be gone in a year or two. If you really want to be up to date with the guidelines....go to Uptodate.
5. Is this book worth buying? YES!!! I believe in evidence based medicine and I know this book will make a difference in the training of residents and medical students everywhere. This book is well worth the money! Treating your patients the best and right way is PRICELESS! As always, if you're not used to all the abbreviations in Pocket series, you will have to get used to it. The font is the same in this book. There's more behavior and general advice in this book (section on Routine Visit, Disease Screening, Health Literacy, Evidence-based medicine). I think that the best part of this book was that there were topics that I wanted in pocket medicine and now they have finally published those topics, in this book. I am pretty sure if you memorize this book, you will probably be better physician than 90% of your attending physicians. It is quite informative and amazing. Kudos to everyone who put their time into this book. Shout out to Kiefer and Chong for their hardwork. Thanks for putting this together. I was not paid for this review. I paid for my own book and use it freely along with other references including UCSF Hospitalist Handbook, Uptodate and AgileMD.

I think it's a good resource. I don't know if I would buy it again, as it can get tedious looking things up and trying to read the small print. However, it's definitely thorough for a pocket resource. If you're a student just going out on rotations I would consider it. I ended up using UpToDate more though.

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